



CLASSES AND EVENTS 2016- 2017

OPEN HOUSE | REGISTRATION FOR ASHANTI CLASSES | AUGUST 27TH 9- 3 P.M.

Location: Upstairs meeting room/Ashanti office

This is an opportunity for the community who is interested in classes to receive information on classes, register, as well as purchase uniforms for class.

TINY STEPPERS | DANCE AND MOVEMENT CLASS | AGES 3-5YEARS OLD | WEDNESDAYS 5- 5:45 P.M. SEPTEMBER 7TH- DECEMBER 7TH 2016 RESUMES JANUARY 4TH- MAY 31ST 2016

Location: Dance Room Downstairs

In this class, children will explore the basics of creative dance with age appropriate basic ballet movement and exercises. movement games (shape, form, musicality) and props are used to aid in this class. Class sizes are kept very small to assure plenty of individual attention for our youngest dancers.

ASHANTI DANCERS- PERFORMING GROUP AUDITIONS | SEPTEMBER 3RD 9- 10:30 A.M.

Location: Dance Room Downstairs

Ages 7 -16 can audition for Ashanti's performing group. This groups performs as a representative of Ashanti at Festivals, Community Events, Competitions, and other performances. Once chosen they will participate in classes, and performing group rehearsals that may vary on Saturday 9-10:30 a.m.

DRAMA CLASSES | ALL AGES| MONDAYS 6-7 PM. AND/OR 7- 8 P.M. | SEPTEMBER 5TH – DECEMBER 5TH 2016 RESUMES JANUARY 2ND- MAY 29TH 2017

Description coming soon

ADULT BEGINNER MODERN DANCE / CORE ONCE A MONTH 1ST WEDNESDAYS 7- 8 P.M. (OCTOBER, NOVEMBER, JANUARY, FEBRUARY, MARCH, APRIL, MAY)

Location: Dance Room Downstairs

This beginner Modern Dance class for adults with core strengthening, and stretching great for all levels. Using Horton, Limon and a touch of Graham, participants will feel the freedom of dance and movement with a great stretch and improved dance coordination skills.

CAPOEIRA | ALL AGES| WEDNESDAYS 11- 12 PM | SEPTEMBER 7TH- DECEMBER 7TH 2016 RESUMES JANUARY 4TH- MAY 31ST 2016

Location: Dance Room Downstairs

Learn the history and philosophical concepts of capoeira. Movement, music, stretching, cardiovascular workout regimen which focuses on the dance and acrobatics of Capoeira self-defense and body awareness, basic kicks and escapes.

CHILDREN'S MODERN BALLET FUSION | 6- 9 YEARS OLD | WEDNESDAYS 5:50- 6:50 PM SEPTEMBER 7TH- DECEMBER 7TH 2016 RESUMES JANUARY 4TH- MAY 31ST 2016

Location: Dance Room Downstairs

This beginner class for children uses Modern techniques Horton, Limon and a touch of Graham. The modern aspect is paired with a strong foundation in ballet to prepare dancers for their next level in dance.

SENIORS MOVEMENT CLASSES | 55 AND UP | TUESDAY OR THURSDAYS 10-11 A.M. 7TH- DECEMBER 7TH 2016 RESUMES JANUARY 4TH- MAY 31ST 2016

SEPTEMBER

Location: Dance Room Downstairs

This class is geared to help our older community stay active and moving. Modified dance moves to fit any level of dancer. Fun upbeat music to soothing slow paced beats. A great mixture for our Seniors.

